

Patient Name: _____ Date of Birth: ____ / ____ / ____ Date Tested Positive for Lynch: ____ / ____ / ____

Management Plan for Lynch Positive Patient

Date					
Gastrointestinal Management:					
Colonoscopy Age 20-25 every 1-2 yrs *Or 10 years earlier than the 1 st cancer Age 40 every year					
Upper Endoscopy Age 25-30 depending on history *Or 10 years earlier than the 1 st cancer Then every 1-3 years after initial					
Endometrial Management:					
Endometrial Sampling Every 1 year @ 25-35 yrs					
Ovarian Management:					
Clinical Pelvic Exam Every 6 months @ 25 yrs					
CA-125 Every 6 months @ 30 yrs					
Transvaginal Ultrasound Every 6 months @ 30 yrs					
Oral Contraceptives Start by age 25 (use >6 years) >50-60% risk reduction					
TAH-BSO By age 35-40 100% risk reduction					
Urinary Tract Management:					
Urinalysis w/cytology Annually beginning age 30-35					
Renal Imaging Annually beginning at age 30-35					
Dermatologic Management:					
Full-Body Dermatologic Exam Every year (due to increased risk of Muir-Tore associated lesions)					

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